

# THE 2 WEEK PEEK

***For Thursday, 11 January, 2017***



- Professional Day MONDAY, JANUARY 30<sup>th</sup> -

***Rochester: where Care, Respect, Belonging, and Service to Others are values that matter.***

## **Restorative Practices: A lens for relationships**

As we continue to root our school in common core values (respect, care, belonging, and service to others) we look to Restorative Practices to provide a framework for how we build, strengthen, and repair relationships in our school.

## **What Are Restorative Practices?**

Restorative practices are deliberate processes that build healthy relationships and a sense of community to prevent and address conflict and wrongdoing. Restorative practices are increasingly being applied in individual schools and school districts to address youth behaviour, rule violations, and to improve school climate and culture. Restorative practices can improve relationships between students, between students and teachers, and even between teachers, whose behaviour often serves as a role model for students. They allow each member of the school community to develop and implement a school's adopted core values.

Restorative practices allow individuals who may have committed harm to take full responsibility for their behaviour by addressing the individual(s) affected by the behaviour. Taking responsibility requires understanding how the behaviour affected others, acknowledging that the behaviour was harmful to others, taking action to repair the harm, and making changes necessary to avoid such behaviour in the future.

Restorative practices are not part of some program; thinking and acting in Restorative ways is an attitude or mindset that can help guide adult and youth behaviour and relationship management in schools.

We have been working with students in a Restorative framework in our office for the past three years and for the past year some Rochester teacher leaders have been immersed in intensive Restorative practices seminars.

On January 30<sup>th</sup> many of the Rochester staff will attend Restorative Practice sessions in our district. We are working to expand our capacity in this area to build a healthier and stronger school community.

We will share more information about our Restorative work in subsequent editions of *The Peek*.

## RHL Returns

Hockey is back at Rochester! The RHL is now into its second week and many grade 4's and 5's are involved with this annual Rochester cultural highlight. Thanks to Mr. Mariotti for making this happen!



## Jump Rope for Heart

Rochester is jumping into action again to support the Heart and Stroke Foundation. Our annual Jump Rope for Heart Campaign is underway. Donations can be made online. A campaign envelope went home last week. Our Jump Rope event is January 27<sup>th</sup>.

## From Your RPAC

Next RPAC MEETING: MONDAY at 7:00

We hope you can come out to a meeting and let us know what's on your mind.

We only have four more meetings for this year... January 16<sup>th</sup> February 20<sup>th</sup>, April 10<sup>th</sup> and May 15<sup>th</sup> – all meetings run from 7pm to 8:30pm at the library with lane parking access from the north side parking lot or the 2nd floor walkway on the south side.

### **Looking ahead...**



Thursday, Jan, 12- K French Immersion registration on-line only

Friday, Jan, 13- Choir 8am and every Friday

Monday, Jan, 16- RPAC Meeting 7-8:30 Library

Wed, Jan 18- K French Immersion registration ends on-line

Wed, Jan 25/26- K French Imm Reg in person- Rochester office - for those accepted only

Thur, Jan 26- Recognition assembly 9:15 in the gym

Fri, Jan 27- Jump Rope for heart event 9:15am

Monday, January 30- Professional Day for teachers, students not in session

Tues, Jan 31-Feb 2- K English Reg –in person– Rochester office 9:30am-2:30pm

Wed, Jan 31-Feb 2 – Planetarium in the gym

**Please check our website for current calendar details often**